

La Grande Optimist Club Inc.  
P.O. Box 3091  
La Grande, OR 97850  
August, 2021



Dear Parents:

Enclosed is the information about the 2021 Optimist Football Program 5<sup>th</sup>-6<sup>th</sup> grade.

Yes, you will note that the 4<sup>th</sup> grade is no longer listed. Oregon State Athletic Association has published a recommendation that 4<sup>th</sup> grade no longer participate in tackle football, and we have decided to follow this guideline. I have posted a link to OSAA position paper at [WWW.LGOPTIMIST.ORG](http://WWW.LGOPTIMIST.ORG)

Equipment handout is Wednesday, Aug 18 and Thursday, Aug 19 from 6:00 pm to 7:30pm at Pioneer Park, Optimist Field. Monday. There will be a football camp for grades 3, 4, 5 and 6, August 2<sup>nd</sup>-5<sup>th</sup> from 10:00 – noon at LHS field that is highly encouraged. Aug. 23<sup>rd</sup> at 5:30 there will be a mandatory parent meeting at Pioneer park. Starting Tuesday, Aug. 24<sup>th</sup> we will be conducting a three week practice camp daily from 5:30pm until 7:30pm M-F. At the end of the practice camp, all players judged capable of competing safely, are eligible for a 5 week season playing against each other on teams of 15 to 20 players 8 on 8 rookie tackle football. The cost for Camp and Season is \$65. **The camp is mandatory for season play. There will be a mandatory parent meeting on August 23 @ 5:30 at Pioneer Park.**

A limited number of scholarships are available. The season should end around October 15<sup>th</sup>

Players must provide their own socks, supporter, mouth guard and shoes. Mouth guards are available from the Optimist Club at the time of equipment handout for \$1.00 or can be obtained along with other supplies from local merchants. Canvas or leather shoes are acceptable, but if they have cleats, they must be rubber cleats. They may be either low-cuts or high-tops. Official team jerseys will be issued to all players. A 'T' shirt, with team sponsor imprinted on it, will be given to all participants, for them to keep.

The fee of \$65.00 is due with the participation permit (payable to Optimist Football). **It does not include medical insurance. Medical Insurance coverage, is to be provided by you, and is mandatory. Please make sure your policy will cover your child for this activity.**

**Each participant needs a current physical (within 3 years) doctors offices should have the physical form, if your doctor does not I can provide one to take to the appointment, if you need a list of providers I can help with that too.** A copy needs to be on file with the Optimist, (last years are on file). You must arrange a physical through your family physician at your expense. Please schedule your child's physical soon as possible. The physicals must be completed before your child is eligible to participate.

If you have any questions, please call Paul Swigert 541-963-2768

Sincerely,

Dates to  
Remember

Paul Swigert  
Football Commissioner

August 18, & 19 -- Equipment handout  
August 24<sup>th</sup>-- Camp Starts, @ Pioneer Park, Optimist Field  
August 24<sup>th</sup> – Participant must have had physical by this date!  
August 23<sup>th</sup> – 5:30pm Mandatory parent meeting @ Pioneer Park